**January 2019**

**Sudden Unexpected Infant Death (SUID) and Abusive Head Trauma (AHT) #297929**

This course meets DHS education requirements for both SUID and AHT. Content includes recommendations to reduce SUID, including SIDS, suffocation, and other sleep related infant deaths, safe sleep environments, MN Child Care regulations related to safe sleep, as well as symptoms and consequences of abusive head trauma, risk factors for AHT, and strategies to use when stressed, angry, or frustrated. KCF: VII.B; CDA: 1

## Download the handout for this event from http://mncpd.org/Resources.aspx. Plan to 1) print your own copy and bring it to class or 2) download it and view it on your personal electronic device. (Phones not optimal.)

**Monday, January 14**  
**6:30 PM – 8:30 PM**  
**Cost:** $22.00  
**Perkins Restaurant, 1155 W. Broadway Ave., Forest Lake, MN 55025**

**February 2019**

**Breaking Bad…Habits: Setting Boundaries with Families #298083**

Set boundaries with families to allow for a professional environment and mutual respect. Discover what boundaries participants want in their unique environment and make a plan to implement them. Create an environment that is open and supportive with families, yet has professional boundaries. KCF: III; CDA: 4

**Monday, February 11**  
**6:30 PM – 8:30 PM**  
**Cost:** $22.00  
**Perkins Restaurant, 1155 W. Broadway Ave., Forest Lake, MN 55025**

**March 2019**

**Active Supervision: Out-of-Home Safety Issues #298668**

Meets the Family Child Care provider annual supervision professional development requirement. This curriculum will identify potential hazards or safety issues children are exposed to when participating in out of home activities, events, and transportation; assist participants in determining needed resources and adult assistance required for out of home activities depending upon the event, the ages, and characteristics of the children enrolled, and recognized potential safety issues involved; and assist participants in creating a plan to address safety concerns when taking children out of the home for activities, using tools provided and practiced during the seminar. KCF: VII.B; CDA: 1

## Download the handout for this event from http://mncpd.org/Resources.aspx. Plan to 1) print your own copy and bring it to class or 2) download it and view it on your personal electronic device. (Phones not optimal.)

**Tuesday, March 12**  
**6:30 PM – 8:30 PM**  
**Cost:** $22.00  
**Perkins Restaurant, 1155 W. Broadway Ave., Forest Lake, MN 55025**

**April 30, 2019**

**Caregiving Strategies: Building Resistance in Children at Risk #298671**

Children may face many stressors that put their development at risk. In this interactive and informative session, participants will explore common internal and external stressors and risk factors for children. Participants will also examine strategies for strengthening resiliency in their children. (CICC) KCF: II.C; CDA: 3

**Tuesday, April 30**  
**6:30 PM – 8:30 PM**  
**Cost:** $22.00  
**Perkins Restaurant, 1155 W. Broadway Ave., Forest Lake, MN 55025**

**FOR ALL SEMINARS:**  
**Arrive in time to order a beverage or meal to eat during the seminar. No outside food/beverage, please.**

**REGISTRATION NOW OPEN!!**

17th Annual Child Care Professional Institute Saturday, February 23, 2019  
[www.pla-inc.org](http://www.pla-inc.org)  
Forest Hills United Methodist Church  
1790 11th Street SE, Forest Lake, MN 55025  
*We are still accepting exhibitors, donors, and sponsors.*

**Program Services**

**Environment Evaluation**

In-home business owners have been asking for assistance to re-evaluate their environments. We are pleased to announce that we now offer a one-hour on-site evaluation. We will discuss your goals for your space and provide suggestions for changing it. Included
in the fee is a one-hour education certificate. Additional services also offered as requested.

**Need an Instructor?**

Need an instructor for your area group or child care professional association meeting or conference? We can arrange for quality educators on the topics you desire. Let us be there for you. Contact us for details.

**Papillon Business Group**

If you are ready to take your child care business to the next level, then you should join us. To be added to the invitation roster, send your request to Deb@pla-inc.org with PBG in the subject line; include your full name, business name, and contact information. While open to any Rule 2 business in good standing, membership is on a first-come, first-served basis. Direct competitors of current members must wait for the next Business Group to form.

**Other Opportunities**

**Your Expertise is Requested**

PLA is seeking talented volunteers to assist with data base management, small survey and research projects, and social media applications. You can work from home. Understanding of and appreciation for confidentiality, attention to detail, accuracy, creativity, and project completion dates is imperative. There are several projects from which to choose; you need not be skilled in all areas to be helpful. Call or email our office for additional details. Thank you!

**CCPNCC (Chisago County) – North Branch**

TBA
Thursday, February 28  6:30 PM – 8:30 PM  
Mona at 651.462.2744 or melk16@frontiernet.net

**Think Small – Creekside Community Center**

“Wa-ter’ We Trying to Do Here?
Tuesday, April 9  7:00 PM - 9:00 PM

**New Horizon Academy - Eagan**

Show Me Yours and I’ll Show You Mine!
Thursday, April 25  (private event)  7:00 PM – 9:00 PM

**CCPNCC (Chisago County) – North Branch**

TBA
Thursday, May 23  6:30 PM – 8:30 PM  
Mona at 651.462.2744 or melk16@frontiernet.net

**Support Our Supporters**

**Child Care Providers of Chisago County (CCPNCC)**

This child care professional-operated organization typically meets the fourth Thursday of each month in North Branch. CCPNCC offers approved professional development as well as networking, fire extinguisher servicing, well water testing, and other resources.

Contact Mona at melk16@frontiernet.net or 651.462.2744.

**Assure Child Care (fka Adults & Childrens Alliance)**

When purchasing or renewing liability insurance from ACC, list PLA-INC. as your Community Partner. By writing PLA-INC. or 9075 on the application form, we will receive funds for professional development from ACC. There is NO additional cost to you. A big "THANK YOU!" to those who already do that and to Assure Child Care! (http://www.assurechildcare.com)

**Minnesota Association of Child Care Professionals**

MACCP is a new association formed by licensed family child care professionals “to strengthen the family child care profession by advocating for policy improvements, offering additional support and services to providers, and promoting family child care as an exceptional option for quality care and early childhood education.” Visit www.maccp.org for information about its activities and membership.

**Resources and Information**

**Websites**

HelpMeGrowMN.com  early childhood development  
MPR.org  news, music, and educational tips  
Dana.org  brain development  
TED.com  short presentations on nearly everything  
MN.Audubon.org  education tips on conservation  
WeTheParents.org  parenting tips and a little humor  
MACMH.org  classes and resources on mental health  
NAMI.org  classes and resources on mental health  

**REGISTRATION NOW OPEN!**

GET YOUR FIRST CHOICES – DO IT TODAY!

17th Annual Child Care Professional Institute  
Saturday, February 23, 2019  
www.pla-inc.org

Forest Hills United Methodist Church  
1790 11th Street SE, Forest Lake, MN 55025

There is still room for exhibitors. We also continue to welcome donors and sponsors.

**Our New Website**

Welcome to our new and improved website! We spent several months planning and preparing, so we hope you like it. We anticipate additional updates, so keep stopping back. We are thrilled to announce that you can again register for our seminars online. Thank you, JoyGenea!

www.pla-inc.org

Exceptional education for child care professionals who care.