September 2019

What to Do When Your Kids Leave You Speechless (#321838)
Explore techniques that inspire children to learn and grow through their mistakes and consequences. Learn how to set limits with children through loving relationships that encourage their cooperation. Examine a practical and powerful approach to handle problems that leave you wondering what to do. Discover ways to remain calm and create effective consequences when none seem to exist. Based on the Love and Logic Early Childhood Parenting Made Fun! ® curriculum. KCF: II.C; CDA: 3
**Monday, September 16**  
6:30 PM – 8:30 PM  
Cost: $22.00  
Perkins Restaurant, 1155 W. Broadway Ave., Forest Lake

Arrive in time to order a beverage or meal to eat during the seminar. No outside food/beverage, please. Free piece of pie with purchase of an entrée.

Papillon Business Group
**Monday, September 30**  
6:30 PM – 9:30 PM  
Cost: See note below.  
Perkins Restaurant, 12545 Ulysses Street NE, Blaine

October 2019

Limits Create Happier Parents, Happier Kids, Happier Families (#321839)
Explore techniques that inspire children to learn and grow through their mistakes and consequences. Set limits with children through loving relationships that encourage their cooperation. Examine enforceable statements that aim to reduce power struggles with children. Plan problem solving methods to overcome common challenging situations with young children. Guide children with empathy and open their minds to learning. Based on the Love and Logic Early Childhood Parenting Made Fun! ® curriculum. KCF: II.C; CDA: 3
**Monday, October 7**  
6:30 PM – 8:30 PM  
Cost: $22.00  
Perkins Restaurant, 1155 W. Broadway Ave., Forest Lake

Arrive in time to order a beverage or meal to eat during the seminar. No outside food/beverage, please. Free piece of pie with purchase of an entrée.

“Growing Up with Mother Nature in Her Outdoor Classroom” Retreat
Abundant research demonstrates that when children have repeated and regular experiences in nature, they are happier, healthier, and do better in school. In addition, you will be happier and healthier, too. Do you have an adventurous spirit? Let’s find out!

Let’s get you started on activities for your kiddos that are ready to take outside and that are fun, easy, and meet the various standards to which you must adhere! Join other child care professionals for this unique experience to learn how to create an outdoor classroom.* Immerse yourself in a beautiful outdoor environment. Steal away for the day to this retreat-like setting and actively examine various activities. Adapt the previewed activities for the specific age groups you serve and discuss their critical connection to nature, the outdoor classroom, and children’s development. Make outdoor kits to take back to your program to extend your learning. Learn strategies to bridge the program activities and curriculum to the students’ homes.

Due to space limitations, registration for this event is limited. Dress for the weather; we will spend much of our time outside.

Cost includes coffee/tea/hot chocolate, light breakfast, lunch, materials, and seven hours of education. Special you’ll-really-want-to-have curriculum packages are available for purchase on site at $25.00 each. (Cash or check only.)

Register by calling 651.464.8777 or online at www.pla-inc.org/seminar. Courses on the agenda are approved. After your completed registration, you will receive a list of items to bring with you plus the agenda and directions to the retreat. Seven (7) hours of professional development are offered, including a speaker from the Audubon Center of the North Woods. You must register for the entire day. You can’t beat this price!

**Saturday, October 19**  
8:00 AM – 5:00 PM  
Cost: $45.00  

Finlayson Retreat Center**
* Usually refers to organized learning that takes place in the outdoors. Outdoor education draws upon the philosophy, theory, and practices of experiential education and environmental education.

** Upon your paid registration, you will receive the address, the agenda, and things you should bring to the event.

Papillon Business Group
**Monday, October 28**  
6:30 PM – 9:30 PM  
Cost: See note below.  
Perkins Restaurant, 12545 Ulysses Street NE, Blaine

November 2019

*Exceptional education for child care professionals who care.*
Childhood Obesity: Components of a Healthy Nutrition Environment at Child Care (#322759)
This course continues to build on what was covered in Obesity in Children from Birth to Six Years, Level 2. Course content includes current information about childhood overweight and obesity; nutrition and physical activity in child care; and exploration of various nutrition and physical activity curricula that are appropriate for use in child care settings. KCF: II.D; CD: 2

Monday, November 4  
6:30 PM – 9:30 PM  
Cost: $33.00  
Perkins Restaurant, 1155 W. Broadway Ave., Forest Lake

Arrive in time to order a beverage or meal to eat during the seminar. No outside food/beverage, please. Free piece of pie with purchase of an entrée.

Papillon Business Group
Monday, November 25  
6:30 PM – 9:30 PM  
Cost: See note below.  
Perkins Restaurant, 12545 Ulysses Street NE, Blaine

CPR and First Aid
Date and Location TBD. Watch our website for the schedule.

December 2019

Sudden Unexpected Infant Death (SUID) and Abusive Head Trauma (AHT) (#322743)
This course meets DHS education requirements for both SUID and AHT. Content includes recommendations to reduce SUID, including SIDS, suffocation, and other sleep related infant deaths, safe sleep environments, MN Child Care regulations related to safe sleep, as well as symptoms and consequences of abusive head trauma, risk factors for AHT, and strategies to use when stressed, angry, or frustrated. KCF: VII.B; CDA: 1

Monday, December 9  
6:30 PM – 8:30 PM  
Cost: $22.00  
Perkins Restaurant, 1155 W. Broadway Ave., Forest Lake

## Download the handout for this event from http://mnccp.org/Resources.aspx. Plan to 1) print your own copy and bring it to class or 2) download it and view it on your personal electronic device. (Phones not optimal.)

Arrive in time to order a beverage or meal to eat during the seminar. No outside food/beverage, please. Free piece of pie with purchase of an entrée.

Papillon Business Group
Monday, December 16  
6:30 PM – 9:30 PM  
Cost: See note below.  
Perkins Restaurant, 12545 Ulysses Street NE, Blaine

Support Our Supporters

We have some persons in the northern metro area who have expressed a serious interest in forming a group. If you would like to invest in and grow your business, gain insights from a peer advisory group in a confidential setting, or enhance your skills, then contact our office today. There is no charge to attend your first meeting.

While open to any Rule 2 or 3 business in good standing, membership is on a first-come, first-served basis. The date for the next meeting is Monday, September 30; it will be an overview of the workings of PBG as well as your responsibilities as a member. Direct competitors of current members must wait for the next group to form.

We will meet at the Perkins in Blaine (12545 Ulysses Street NE, from 6:30 PM – 8:00 PM. Food will be provided at this meeting. Registration is REQUIRED no later than Thursday, September 26 via phone (651.464.8777) or Deb@pla-inc.org.

Environment Evaluation
In-home business owners have been asking for assistance to re-evaluate their environments. We are pleased to announce that we now offer a one-hour on-site evaluation. We will discuss your goals for your space and provide suggestions for changing it. Included in the fee is a one-hour education certificate. Additional services also offered as requested.

Need an Instructor?
Need an instructor for your area group or child care professional association meeting or conference? We can arrange for quality educators on the topics you desire. Let us be there for you. Contact us for details.

Support Our Supporters

Minnesota Association of Child Care Professionals
MACCP is an active association formed by licensed family child care professionals “to strengthen the family child care profession by advocating for policy improvements, offering additional support and services to providers, and promoting family child care as an exceptional option for quality care and early childhood education.” Visit www.maccp.org for information about its activities and membership or find them on Facebook.

Child Care Providers of Chisago County (CCPNCC)
This child care professional-operated organization typically meets the fourth Thursday of each month in North Branch. CCPNCC offers approved professional development as well as networking, fire extinguisher servicing, well water testing, and other resources. Contact Mona at 651.462.2744.

Assure Child Care (Ika Adults & Childrens Alliance)
When purchasing or renewing liability insurance from ACC, list PLA-INC as your Community Partner. By writing PLA-INC or 9075 on the application form, we will receive funds for professional development from ACC. There is NO additional cost to you. A big “THANK
Washington County Child Care Conference

Save the date for the Fall Child Care Seminar on Saturday, September 21, 2019. Washington County Community Services is sponsoring the 19th annual event at Prestwick Golf Course in Woodbury. Dr. David Walsh is the keynote speaker. Six hours of professional development are offered along with breakfast, lunch, exhibitors, and door prizes. Registration is open to the first 150. Watch for registration information on the website: [www.co.washington.mn.us/childcarelicensing](http://www.co.washington.mn.us/childcarelicensing)

Resources and Information

October is National Bullying Prevention Month
[www.PACER.org/Bullying](http://www.PACER.org/Bullying)

This is the portal for parents and educators to access bullying resources, including educational toolkits, awareness toolkits, contest ideas, promotional products, and more.

[www.PACERTeensAgainstBullying.org](http://www.PACERTeensAgainstBullying.org)

Teens Against Bullying Web site is a relevant, edgy, and unique educational resource for bullying prevention designed to engage, empower and educate all teens. Information is presented in an innovative, engaging and interactive style. There are solutions—creative resources that all teens—can use to educate other teens and young people and to raise awareness in their community or to help other teens in bullying situations.

[www.PACERKidsAgainstBullying.org](http://www.PACERKidsAgainstBullying.org)

"Kids Against Bullying" was created for elementary school children, with a unique emphasis on children with disabilities. This Web site is an informative and creative resource to educate students about bullying prevention and provide methods to respond to bullying situations. The site features an animated cast of characters, information, celebrity videos, Webisodes, interactive games, animation, contests, and other activities. Parents and professionals will find helpful tips, intervention strategies, and resources for use at home or school.

Articles for Your Professional Library

Our Alfresco Year
[https://www.alfrescolearning.co.uk/blog/our-alfresco-year/?fbclid=IwAR2F2XDu2UYCi4ooLoCFFyvL5hR11x_cxLwNKNNHB_BsFmROKAsxnC8WM](https://www.alfrescolearning.co.uk/blog/our-alfresco-year/?fbclid=IwAR2F2XDu2UYCi4ooLoCFFyvL5hR11x_cxLwNKNNHB_BsFmROKAsxnC8WM)

Just Ask!

 pbixPEV5zVB3mnSxdK_pmpZ_v98vUckma7E&fbclid=IwAR0YVdVtxCxfj8iyKjdP4peesjeY94GC69lfTnpTuiUglKlodGB43-kRZYy&fbclid=IwAR0D7vmL7hqjM1sXK0g8V73-Bj1fVWzmEC1UX1_oD7MOR5US1uu3QpZGQOE

Back to the School of the Future
[https://www.childrenandnature.org/2019/08/19/the-school-of-nature-greening-our-schools-may-be-the-real-cutting-edge-of-education/?fbclid=IwAR0Fz2GkBjM3iMg2s_73ueX6j4YMPChsAgmldhwJoB81vNYWi-_9HsG

Bring the Magic
[https://www.storypark.com/2017/04/bring-the-magic/?fbclid=IwAR2iMAfhEtYqYXCUGCdhq_kHC1C4Go_cW.LvmTAT21g2plzyxSgrdYGIEs](https://www.storypark.com/2017/04/bring-the-magic/?fbclid=IwAR2iMAfhEtYqYXCUGCdhq_kHC1C4Go_cW.LvmTAT21g2plzyxSgrdYGIEs)

Play in Early Childhood: The Role of Play in Any Setting

How to Teach Kids About the Brain: Laying Strong Foundations for Emotional Intelligence

# Articles and business promotions are provided for informational purposes only and may not reflect the opinion or position of PLA, nor does PLA make recommendations to provide legal or medical advice.

NOTICE

PLA OFFICE CLOSED

* Thursday, September 19 – Friday, September 20. We will be attending the annual Instructor Summit in Breezy Point, MN.  
* Thursday, October 10 – Friday, October 11. We will be facilitating professional development for child care professionals in Canby and Granite Falls, MN.  
* Friday, October 18 in preparation for Saturday's event in Finlayson.  
* Wednesday, November 27 – Friday, November 29 for Thanksgiving.  
* December 23, 2019 through January 3, 2020 for the Christmas and New Year’s holidays.